

3rd Meeting of the International Alliance on Brain Health

Rome, November 25-27, 2026

Program draft, Aug 22, 2026

Day 1: Wednesday, November 25, 2026 (on invitation only)	
Swiss Embassy in Rome, Via Barnaba Oriani 61, Roma	
16:30 – 17:30	IABH Board meeting (<i>board members only</i>)
18:00 – 19:00	Welcome addresses <u>R. Balzaret</u> ti, Ambasciatore Svizzero a Roma <u>I. Cassis</u> (virtual), Ministro Svizzero Affari Esteri <u>O. Schillaci</u> , Ministro Italiano della Salute <u>R. Nisticò</u> , Presidente AIFA (tbc) <u>A. Siracusano</u> , Consiglio Superiore di Sanità, Italia (tbc) <u>C. Bassetti</u> , President IABH
19:00 – 20:00	Arts and the Brain: Brain health and Beauty Michelangelo Pistoletto (tbc)
20:00 – 22:00	Networking dinner

Day 2: Thursday, November 26, 2026	
Horti Sallustiani – Piazza Sallustio 21	
09:00-09:15	Welcome addresses: M. Zappia (SIN), C. Bassetti (IABH), A. Fiorillo (EPA), T. Schulze (WPA), S. Debette (WBHF), S. Lewis (WFN), T. Dua (WHO, virtual)
Session 1: Prevention of brain disorders <i>Chairs: S. Iavicoli (tbc), K. Adorjan</i>	
09:15 - 09:30	Biological mechanisms of genetic risk for Schizophrenia Alessandro Bertolino, University of Bari
09:30 - 09:45	Prevention of Brain disorders: The neurological perspective Natalia Rost, Boston, AAN (confirmed)
09:45-10:00	Prevention of Brain disorders: The psychiatric perspective Thomas Schulze, Munich, WPA
10:00 - 10:15	Preventing Brain Disorders: From Risk Reduction to Brain Resilience. Lesson from multiple sclerosis Claudio Gasperini, San Camillo Hospital, Rome (tbc)
10:15 - 10:30	The PROMOTE Brain Health Trial Philipp Homan, Zurich
10:30 - 11:00	Panel discussion moderated by co-chairs

11:00-11:30	Coffee Break
Session 2: Italian perspectives on brain health <i>Chairs: M. Zappia, A. Fiorillo</i>	
11:30 - 11:45	Promoting and monitoring Brain Health Nicola De Stefano, University of Siena (tbc)
11:45 - 12:00	Cognitive remediation: the bridge between brain and mental disorders Antonio Vita, University of Brescia
12:00 - 12:15	Brain Health in Italy: Addressing Functional Neurological Disorders and Promoting Early Neurorehabilitation Cristina Tassorelli, University of Pavia (tbc)
12:15 - 12:30	The suicidal brain Maurizio Pompili, Sapienza University, Rome
12:30 - 13:00	Panel discussion moderated by co-chairs
13:00-14:00	Lunch Break
Session 3: Sleep and Brain health <i>Chairs: L. Nobili, O. Bruni (tbc)</i>	
14:00-14:15	Sleep difficulties in people with mental disorders: risk factors, symptoms or comorbidity? Gabriele Sani, Catholic University, Rome
14:15-14:30	Sleep and Mental Health in Adolescence (1) Leila Tarokh, UPD Bern, Switzerland
14:30-14:45	Sleep and Brain Health in Adolescence (2) Alexander Datta, Basel, Switzerland
14:45-15:00	Sleep Health and Neurological Diseases Across Adulthood: Understanding a Lifelong Bidirectional Relationship Claudio Liguori, Policlinico Tor Vergata, Roma
15:00-15:30	Panel discussion moderated by co-chairs
15:30-16:00	Coffee Break
Session 4: Co-morbidity of neurological and psychiatric disorders <i>Chairs: L. Tucker, G. Tedeschi</i>	
16:00-16:15	Psychiatric talk (tbc) Andrea Fagiolini, University of Siena (tbc)
16:15-16:30	The EU Cardiovascular Health Plan and Brain Health: Addressing the Neuropsychiatric Gap in Stroke Simona Sacco, University of L'Aquila

16:30-16:45	Peripartum depression and the role of the brain C. Niolu, University of Rome Tor Vergata (tbc)
16:45-17:00	Human genetic signatures of remembering and forgetting: from physiology to drug discovery Andreas Papassotiropoulos, University of Basel
17:00-17:30	Panel discussion moderated by co-chairs
17:30-18:00	Break
Session 5: The Italian Brain Health Strategy <i>Chairs: M. Leonardi, A. Bertolino</i>	
18:00-19:00	Roundtable: Implementing Brain health in Italy Presidents of the Organizations members of the IBHS
19:00-19:15	Announcement of IABH meeting 2027 in Singapore Christopher Chen, Singapore

Day 3: Friday, November 27, 2026	
Leon's Place Hotel – Sala Andromeda – Via Venti Settembre, 90/94	
Workshop 1: New approaches to Brain Health <i>Chairs: I. Bègue, C. Chen</i>	
08:30-08:45	Digital Biomarkers for Brain Health Tobias Nef, University of Bern
08:45-09:00	Brain Health as the New Wealth of Nations: From Science to Public Policy Facundo Manes, Ineco Foundation, Argentina
09:00-09:15	Brain economy (title tbc) A. Padovani, University of Brescia
09:15-09:45	Panel discussion moderated by co-chairs
09:45-10:15	Coffee Break
Workshop 2: Approaches to Brain Health from all over the world <i>Chairs: A. Winkler, C. Bassetti</i>	
10:15-10:30	Asian Perspectives Prathima Murthy, India
10:30-10:45	China Brain Health Initiative (CBH) Zhao Min, China
10:45-11:00	Tracing the Biological Embedding of Adversity Across Neuropsychiatric Trajectories in Latin America and the Caribbean Hernando Santamaria, Colombia

11:00-11:15	Short break
11:15-11:30	Brain Health in Chile (<i>title tbc</i>) Andrea Slachevsky, Chile
11:30-11:45	African Perspectives Daniel Gams Massi Université de Douala, Cameroun
11:45-12:00	World perspectives Steve Lewis, WFN
Official launch of the International Alliance on Brain Health	
12:00-12:45	Round table: C. Bassetti, F. Manes, C. Chen, S. Debette and IABH board members
12:45-13:00	Conclusion of the event (M. Zappia, A. Fiorillo)